# Day To Feel Alive

Level: Improver / Intermediate

Choreographer: Séverine Fillion (FR) & Arnaud Marraffa (FR) - March 2023

Wall: 4

Music: Day To Feel Alive - Jake Reese

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#### Intro : 8 counts

# [1-8] ROCK FWD RIGHT & LEFT, BACK STEP LOCK STEP, FULL TURN RIGHT BACKWARD

- 1-2 Rock step right fwd, recover on left
- & Right next to left

**Count: 32** 

- 3-4 Rock step left fwd, recover on right
- 5&6 Left step back, right cross over left, left step back
- 7-8 1/2 turn right stepping right fwd, 1/2 turn right stepping left back 12:00

# [9-16] SIDE ROCK & SIDE - TOUCH, SIDE TRIPLE STEP, SAILOR 1/4 TURN LEFT

- 1-2 Rock step right to right side, recover on left
- & Right next to left
- 3-4 Left step to left side, Touch right next to left
- 5&6 Triple step right left right to the right
- 7&8 Left cross behind right, 1/4 turn left stepping right to right, left fwd 9:00

#### [17-24] ROCK FWD, COASTER STEP, SIDE POINT, HOLD, SWITCH SIDE POINT, HOLD

- 1-2 Rock step right fwd, recover on left
- 3&4 Right step back, left next to right, right fwd
- 5-6 Touch left toe to left side, Hold
- &7-8 Left next to right (&), Touch right toe to right side, Hold
- \*\* RESTARTS here on walls 4 & 8 (at 12:00)

## [25-32] SYNCOPATED JAZZ BOX CROSS, SIDE, BEHIND SIDE CROSS, SIDE SLIDE

- 1-2 Right cross over left, left step back
- &3-4 Right to right (&), Left cross over right, right to right
- 5&6 Left cross behind right, right to right, left cross over right
- 7-8 Large right step to the right, slide left next to right (ending weight on left)

## TAG : Dance this 8 counts after the walls 2 & 6 (at 6:00)

- [1-8] LARGE STEP DIAGONALLY FWD & DRAG (R & L), WALKS BACK x 2, BACK ROCK
- 1-2 Large right step diagonally right fwd, Drag left next to right
- 3-4 Large left step diagonally left fwd, Drag right next to left
- 5-6 Walk back on right, walk back on left
- 7-8 Rock back on right, recover on left

## ENJOY & HAVE FUN !!