

Better Days (Style Catalan)



32 temps, 2 murs, débutant
Chorégraphe : Mario & Lilly Hollnsteiner, avril 2018
Musique: "Better Days" par Kristy Lee Aker

HEEL, STEP, HEEL, HOOK, STEP, TOGETHER, STEP, SCUFF

- 1 Touch right heel forward
- 2 Step right beside the left
- 3 Touch left heel forward
- 4 Hook left behind the right
- 5 Step left to the left
- 6 Step right beside the left
- 7 Step left forward
- 8 Scuff right beside the left

JAZZBOX, CROSS, ¼ TURN ROCK STEP, STEP, SCUFF

- 9 Cross right over the left
- 10 Step left short-back
- 11 Step right to the right
- 12 Cross left over the right
- 13 Rock right to the right
- 14 Recover your weight on to the left, turning ¼ turn to the left at the same time
- 15 Step right forward
- 16 Scuff left beside the right

GRAPEVINE, ¼ TURN HOOK, GRAPEVINE

- 17 Step left to the left
- 18 Cross right behind the left
- 19 Step left to the left
- 20 Hook right over the left, turning ¼ turn to the right at the same time
- 21 Step right to the right
- 22 Cross left behind the right
- 23 Step right to the right
- 24 Scuff left beside the right

BRUSH, SCUFF, BRUSH, SCUFF, ½ TURN PIVOT, STEP, STOMP

- 25 Step left forward, describing an arch to the left
- 26 Scuff right beside the left
- 27 Step right forward, describing an arch to the right
- 28 Scuff left beside the right
- 29 Touch left forward
- 30 Pivot ½ turn to the right, on to the right foot
- 31 Step left forward
- 32 Stomp right beside the left

Restart

