

# Bare Essentials



32 comptes, 4 murs, débutant  
Chorégraphe : Tiziana Nastasi - 18 Septembre 2018  
Musique: "Bare Essentials" par Lee Kernaghan

## GRAPEVINE, SIDE TOGETHER TO LEFT, SIDE TOGETHER TO RIGHT

1-2-3-4 Step right to side, step left behind right, step right to side, touch left next to right  
5-6 Step left side, touch right next to left  
7-8 Step right side, touch left next to right

## GRAPEVINE & ¼ TURN, SCUFF, ROCKINCHAIR

1-2-3-4 Step left to side, step right behind left, ¼ turn & step left forward, scuff right  
5-6-7-8 Step right forward, recover, step right back, recover

## TOE STRUT X 4

1-2 Step right toe forward, drop right heel to the floor  
3-4 Step left toe forward, drop left heel to the floor  
5-6 Step right toe forward, drop right heel to the floor  
7-8 Step left toe forward, drop left heel to the floor

## STOMP-HOLD X 2, POINT FORWARD-SIDE-BEHIND, SCUFF

1-2 Stomp right to side, hold  
3-4 Stomp left to side, hold (weight to left)  
5-6 Point right forward, point right to the right side  
7-8 Point right behind the left foot, scuff right diagonal

**REPEAT**

